

# Kolbe Academy Home School

## GRADE ONE RELIGION

*Faith and Life: Our Heavenly Father*

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**Teachers' Notes:** Begin every class with a prayer. This is a good way to help the child memorize new prayers. Repeat the same ones every day until they are known. Be sure to explain the meanings of the prayers. Repetition in all areas of study is most important. In most cases, Fridays have been left open. You may do a four-day week or use Friday as a "catch-up" day. While art and music should be worked in during the week, Friday is also a good day to concentrate on those subjects.

If you intend to use the sample tests provided, look them over before teaching the subjects and make sure you teach the material in the tests. Your student may not need all of Week 8 for review. You can use this time to "catch up" if necessary and then go over the subject matter. In first grade, it may not be possible for the child to do all of the tests independently. You may give the tests orally if necessary, but by the end of the year, the child should be able to complete them unaided.

**COURSE TITLE:** Religion

**COURSE DESCRIPTION:**

First Grade Religion brings the student two things: information and formation. Information is provided to the child in the form of regimented, specific knowledge; and, formation is provided by the development of the external signs of our Faith in the life of the child in the form of:

- ❖ the Sign of the Cross,
- ❖ genuflecting,
- ❖ proper position of kneeling and attendance at Mass,
- ❖ pronunciation of prayers (in both Latin and English),
- ❖ forms of address for the clergy, hierarchy and professed religious.

Regimented, specific knowledge is provided so that the student may see the gradual development of a love for the Faith that is based on reason and knowledge. Regimented knowledge is also in tune with the ordered, basic knowledge that is inherent in the Catholic Faith.

The student is introduced to the Trinity, with emphasis on the life of Jesus, the plan of salvation, and the child's part in that plan. The student is introduced to Mary, the angels and saints.

It is advisable for you to have a child's Bible to use in conjunction with the lessons in religion. Often young children become confused when learning religion. Discussing the material and answering all questions helps to clear up any misconceptions. Have the student memorize the answers to all of the questions. Thoroughly explain their meanings before memorizing. Memorization comes quite easily at this age, and the more the memory is used, the better it becomes. Repetition is the best way to memorize; if the child is struggling with a particular prayer, say it with him every day until he has memorized it.

The beautiful works of art in the book are listed on page 133 with the names of the artists. Have the student look at the pictures and begin to get an understanding of what the artist was portraying. It is always good to have the child draw pictures of what he has learned in religion class. Telling or reading lives of the saints is especially good for children.

**COURSE OBJECTIVE:**

To give the student a basic introduction to God, the life of our Savior, and to personal prayer. Special emphasis is placed on knowing, loving and serving God.

**SCOPE AND SEQUENCE:**

1. The Old Testament, God our Creator; our home in Heaven lost through Original Sin, the world prepares for the Savior.
2. The Incarnation, life, death and Resurrection of Jesus.
3. The Holy Spirit, the Church and Mary our Mother.

**SKILLS TO BE DEVELOPED:**

## ❖ Prayers:

Each first grade student will develop the capacity to attend and pray the Mass, memorize and say the prayers listed below, and pray the Rosary.

- The Sign of the Cross
- The Our Father
- The Hail Mary
- Glory Be to the Father
- Angelus
- Prayer Before Meals
- Angel of God Prayer
- Act of Contrition

## ❖ Memorization:

Memorization of questions and answers from the Baltimore Catechism and Faith & Life Series will be accomplished during the first grade.

**COURSE TEXTS:**

*Our Heavenly Father* (Faith and Life series 1, Catholics United for the Faith)

*St. Joseph First Communion Catechism*

**Supplemental Materials:**

Catechetical series by Fr. Lovasik

**COURSE PLAN METHODOLOGY:** *Our Heavenly Father* is represented by the abbreviation **OHF**, *Our Heavenly Father Activity Book* is represented by the abbreviation **AB**, and the *St. Joseph First Communion Catechism* is represented by the abbreviation **SJFCC**. Each weekly assignment is summarized in the first line of the week's daily course plan. The specific daily assignments are outlined in the following lines indicated by the **MON**, **TUES**, **WED**, and **THUR** abbreviations. If you have purchased the Teacher's Manual for **OHF**, use it. It has many helpful suggestions.

Kolbe Academy has worked diligently to create the best possible course plans with the home schooling family in mind. Remember, however, that our program is intended to be flexible. Per the principle of subsidiarity, these course plans are a **suggested** course of study. As the teacher, you should adapt and modify these course plans to meet the individual learning needs of your child. **Do not feel obligated to follow these course plans exactly.**

◆◆◆ FIRST QUARTER ◆◆◆

WEEK 1		
<b>SJFCC</b>	Lesson 1	Goals: To introduce some of the common prayers. To learn that God created all things, even us, and He created us to know Him, love Him, and serve Him.
<b>MON</b>	Have the student look at the <b>SJFCC</b> book and become familiar with it. Begin on page 3. Work on making the Sign of the Cross correctly, while saying <i>all</i> of the words, i.e. the "of the"s.	
<b>TUE</b>	<b>Read pages 3 – 4.</b> Work on memorization of the prayers.	
<b>WED</b>	<b>Read Lesson 1, pages 7 – 8 to student.</b> Discuss and have him memorize the answers to the questions.	
<b>THUR</b>	<b>Read pages 9 – 11 to student.</b> Discuss and have him memorize the answers to questions 3 & 4. Orally have him answer the questions on page 11: CAN YOU ANSWER THESE?	
Notes		
WEEK 2		
<b>OHF</b>	Chapter 1	Goals: To <b>learn the Our Father</b> during this week. To learn that God created us and takes care of us and that he loves us and we need to thank Him for all that He has given us.
<b>AB</b>	Pages 1-4	
<b>MON</b>	<b>OHF page 9. Assign memorization of the answers to be done by Thurs.</b> Read and discuss the questions and answers making sure the student understands them. Discuss the role of fathers of families and explain that God is our Heavenly Father who takes care of us. Read and discuss the <i>Our Father</i> on page 9.	
<b>TUE</b>	<b>OHF read pages 7-8; AB pages 1-2.</b> Discuss the chapter explaining that God made all things out of love for us. Everything is a gift from God, our Loving Father. We need to thank Him for His gifts to us.	
<b>WED</b>	<b>AB pages 3-4.</b> If your student is not reading yet, help him to fill out page 3. Prayer is talking to God and we need to pray daily. Go over the <i>Our Father</i> , again, and discuss this formal prayer and others he may know. Discuss informal prayer and help him to formulate a prayer of his own.	